



RESOURCE GUIDE

Sun Valley, Nevada



**HUMAN SERVICES
AGENCY**

 **Catholic
Charities**
of Northern Nevada



FOOD BANK
OF NORTHERN NEVADA



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FOOD RESOURCES

Kids Café: All Kids Cafe meals are available to all children between the ages of 1 and 18 and are always free. Children do not have to attend schools where the meals are hosted or be part of any programming offered at the site. For more information, call 775-331-3633.

Sites

- Bennett Elementary School: 5900 Sidehill Dr., Sun Valley NV 89433, M, T, TH, F 3-3:30 pm; Wed 2:15-2:45 pm
- Desert Skies Middle School: 7550 Donatello Dr., Sun Valley NV 89433, M, W, F 3-3:30, T; TH 2-2:30 pm
- Lois Allen Elementary School: 5155 McGuffey Rd., Sun Valley, NV 89433, Monday-Friday 3:30-4:00 pm
- Palmer Elementary School: 5890 Klondike Dr., Sun Valley NV 89433 M, T, TH, F 3-3:30 pm; Wed 2:45-3:15 pm
- Sun Valley Elementary School: 5490 Leon Dr., Sun Valley, NV 89433, Monday-Friday, 3:30-4:00 pm



School Pantries: School pantries help supplement food to the families and staff of the schools. Each school has a coordinator on site to help the families fill out an Intake Form and distribute food during a designated day and time. Families can also call and make an appointment when needed. No family is turned away and no qualification requirements.

Sites:

- Desert Skies Middle School: 7550 Donatello DR., Sun Valley, NV 89433, Open Thursdays 12-1:30 pm and by appointment.
- Palmer Elementary: 5890 Klondike Dr., Sun Valley, NV 89433, Open Thursdays by appointment

FOOD RESOURCES CONTINUED

Mobile Harvest: Access to nutritious, healthful food is vital for the community members we serve. Throughout the month, the Food Bank's Mobile Harvest program visits neighborhoods across northern Nevada and eastern California to distribute produce and other fresh food items to clients. All community members in need of food assistance are welcome to visit Mobile Harvest. There are no qualification requirements, and each household may pick up food from a Mobile Harvest distribution once per week.

Sites

- Desert Skies Middle School: 7550 Donatello Dr., Sun Valley, NV 89433, 1st Monday, 9-11 am
- Church of Jesus Christ LDS Sun Valley: 570 E. 4th Ave., Sun Valley, NV 89433, 2nd Monday, 9 am-11 am
- Virginia Palmer Elementary School: 5890 Klondike Dr., Sun Valley 89433, 3rd Monday, 9-11 am



Commodity Supplemental Food Program: The Commodity Supplemental Food Program (CSFP) is a monthly food program through the United States Department of Agriculture that provides free food to senior citizens age 60 and above with income at or below 130% of the federal poverty level. In addition, fresh produce is also provided.

Home Delivery is also offered if seniors are unable to attend a tradition CSFP distribution due to immobility issues or lack of transportation.

Sites

- Sun Valley FRC: 115 W. 6th St., Sun Valley, NV 89433, Third Wednesdays, 9-10:15 am

Community Pantries

Sites

- New Revival: 205 W. Gepford Parkway, Sun Valley, NV 89433, 1st and 3rd Saturdays, 9 am to 12 pm
- St. Peters Canisius: 225 E. 5th St., Sun Valley, NV 89433, 775-673-6800, every Friday 1-4 pm



SNAP Outreach: The Food Bank’s SNAP Outreach program provides assistance to clients who would like to apply for SNAP and/or Medicaid. A team member will help to collect all necessary household information and will complete the application—as well as the SNAP interview. Clients can also receive help with recertification’s and Change Report Forms. Appointments are required and need to be scheduled through the Sun Valley FRC by phone at (775) 674-4915. Services are also available in Spanish.

Sites

- Desert Skies Middle School
7550 Donatello Dr.
Sun Valley, NV 89433
775-674-4915
Thursdays from 9-3pm

HEALTHCARE

Community Health Alliance Nell J. Redfield Health Center:
5295 Sun Valley Blvd # 5, Sun Valley, NV 89433, 775-870-4334,
<https://www.chanevada.org/> *Accepts Medicaid*

CHA provides primary medical care for all ages. Our always-growing list of services ensures you'll receive the necessary attention and care you need every time you visit us. Plus, with flexible payment options, Community Health Alliance provides honest pricing for the insured and uninsured.

Services include:

- Medical Services
- Reproductive Health
- Behavioral Health
- Pharmacy
- Pediatric Dental Care
- Chronic Disease Management
- Health Care for the Homeless
- Women, Infants and Children (WIC) Services
- Prescription Food Pantry
- Healthy Living Program
- Insurance Enrollment Assistance



Nevada Medicaid: Apply for Medicaid, SNAP, or TANF online through https://accessnevada.dwss.nv.gov/public/landing_page



DENTAL

Desert Valley Dental, Sun Valley:

5295 Sun Valley Blvd #6
Sun Valley, NV 89433
775-451-2534,
<https://desertvalleydentalreno.com>

Discounted rates

Tooth Fairy Dental (children's dental):

5055 Sun Valley Blvd, Ste 350
Sun Valley, NV 89433
775-971-4252,
<https://toothfairypediatricdental.com/>

Accepts Medicaid



FAMILY RESOURCES

Family Resource Center: Family Resource Centers provide case management, information, and referrals for individuals and families in need of assistance in accessing services and programs that will strengthen and support the family. FRCs collaborate with other agencies, schools, faith-based organizations, and government agencies to assist families to obtain needed services. FRCs emphasize community based, collaborative services that are culturally competent, accessible, and flexible. They offer: food programs, employment assistance, parenting education, adult literacy and English classes, financial literacy/credit counseling, utility assistance, shelter/housing, and medical/dental/mental health services.

Sun Valley Family Resource Center:
7550 Donatello Dr., Sun Valley, NV 89433,
775-204-1408,
<https://www.washoeschools.net/Page/5706>

HOUSING ASSISTANCE

Rental Assistance

Catholic Charities of Northern Nevada, Homelessness

Prevention: Catholic Charities offers rental assistance designed to prevent homelessness. All individuals seeking housing assistance must complete a screening assessment. For more information, please contact Barbara Wickham, Bwickham@ccsnn.org, 775-322-7073 ext. 342

Reno Housing Authority, Emergency Rental Assistance

Program: Priority will be given to applicants whose income is at or below 50% of the Washoe County area median income (AMI). Priority will also be given to households in which at least one adult member has been unemployed for the 90 days prior to application. At the time of application, applicants will be informed of priority criteria and asked if their current income falls below 50% AMI and /or if an adult household member has been employed for more than 90 days. Applicants that answer yes to either of these two questions will be given points placing them higher on the waitlist. Applicants must provide proof that the priority applies before the file will be referred for payment. If the applicant cannot provide proof that they meet either of these priorities, the points will be removed, and they will be returned to the waitlist. For more information, <https://www.renoha.org/chap/>



Washoe Affordable Housing Corporation, Homeless Prevention Program: The objective of WAHC's Homeless Prevention Program is to prevent homelessness arising from emergencies that temporarily jeopardize a family or individual's ability to pay rent or utilities and to provide relocation assistance to individuals or families whose rent has become unaffordable. The jurisdiction for this program is Washoe County. The Homeless Prevention Program allocates resources to preventing homelessness so that families do not have to experience shelters or live on the streets. It also helps minimize public resources dedicated to the homeless population within Washoe County. For more information, <https://www.wahc.info/homeless-prevention-program/>

UTILITY ASSISTANCE

Energy Assistance Program:

The Energy Assistance Program (EAP) provides a supplement to assist qualifying low-income Nevadans with the cost of home energy. Nevada's EAP program has two funding sources, the Low Income Home Energy Assistance Program (LIHEAP) federal block grant and state revenue generated from Nevada's Universal Energy Charge (UEC). The EAP program year begins July 1st and applications are accepted through June 30th. Applications are evaluated year round or until funding is exhausted. Eligible households receive an annual, one-time per year benefit customarily paid directly to their energy provider(s). To check your eligibility for assistance and apply, please use this link https://dwss.nv.gov/Energy/1_Energy_Assistance/



WEATHERIZATION & HOME IMPROVEMENT



Weatherization and Home Improvement

Community Services Agency (CSA): CSA's Weatherization Assistance Program (WAP) helps low-income individuals and families in Washoe County reduce their energy bills by making their homes more energy efficient. This program can help reduce energy costs by repairing, replacing, or upgrading things in your home that use the most energy. Through these energy conservation measures participating households can improve the health and safety of their homes while saving an average of \$283 or more per year. For questions about the program or to request application assistance, please contact Angela Hernandez at (775) 786-6023 ext. 1026 or ahernandez@csareno.org.

Homeowners or renters who make 200% or less of the federal poverty level are eligible for services at no cost. Landlords may be required to pay 50% of any capital improvement measures that are installed in eligible rental properties. Any Washoe County homeowner or renter is welcomed and encouraged to apply. There are no age restrictions, but the program does prioritize assistance to seniors, households with children, and individuals with disabilities.

WEATHERIZATION & HOME IMPROVEMENT CONTINUED

Rebuilding Together Northern Nevada: Rebuilding Together Northern Nevada works to ensure safe homes and communities for our neighbors with fewer resources. Our work supports low-income seniors, veterans, people with disabilities and families in need. See our eligibility requirements below. During these uncertain times, a high priority is placed on helping those most vulnerable to the COVID-19 virus. For more information: <https://rebuildingtogethernnv.org/find-help>

Eligibility Requirements:

1. Your home must be located in a Northern Nevada county.
2. You must own your home, live in it as your primary residence, provide proof of ownership (through a current property tax statement or current homeowners insurance policy), and intend to remain in the home for at least two years after receiving free repairs from RTNNV.
3. You must meet HUD Income Limits. Your HUD income limit is the gross combined income for all residents of your home, including any rental income, and must be less than the amount shown below. Proof of income for all residents 18 years and older in the home is required. Acceptable proof of income includes but is not limited to past year income tax statements, payroll stubs, social security or disability statements, pension and/or veteran benefits statements, alimony or child support statements, AFDC statements, and proof of any rental income or other assets.





Low-cost Vaccination Clinics

SPCA of Northern Nevada: The SPCA of Northern Nevada offers a low-cost vaccine and microchip clinic to make sure your pet can live a long, happy, and healthy life. Clinic typically runs the second and fourth Tuesday of each month from 5 p.m. to 7 p.m. and every Saturday and Sunday from 11 a.m. to 3 p.m. During the holiday season, the vaccine and microchip clinic dates may be altered. Our vaccination and microchip clinic is available by appointment only. A \$15 deposit will be required for each animal. All deposits are non-refundable and non-transferrable. For more information, please follow this link:
<https://spcanevada.org/services/vaccination-microchip-clinic/>

Nevada Humane Society: Offers low-cost vaccine clinics and spay/neuter services to the public. They offer public vaccine clinics at the Reno location every Wednesday morning. Vaccine Clinic appointments can be made online using this link:
<https://clinichq.com/online/2f3c07ff-f26b-4c9f-8a2d-6277cd14b13f>

Washoe County Regional Animal Services: Offers low-cost vaccination clinics on the 1st Tuesday of each month by appointment only at 2825 Longley Lane, #A, Reno, NV 89502. An appointment can be made online with this link:
<https://app.acuityscheduling.com/schedule.php?owner=20975609&appointmentType=17686615>



SENIOR RESOURCES

Washoe County Human Services Agency (HSA),

Senior Services: Case management, representative payee program, adult day health, senior law project, Medicaid Assistance Program (MAP), tax filing assistance, and more. If you need additional information or have questions, please contact Washoe County Senior Services at 775-328-2575 or email sr_info@washoecounty.gov. Online referral form

<https://forms.washoecounty.us/f/seniorsreferral>

Seniors 60+

Congregate Meals: The Congregate Meal program offers one hot meal or fresh salad per day to seniors 60+ and qualified individuals. Meals are available at the Sun Valley Senior Center, 115 W. 6th Avenue Sun Valley, NV 89433. Meals must be reserved by 8:30 am by calling 775-328-2786, Monday through Friday, open 9 am-1 pm.

Home Delivered Meals, Meals on Wheels: The Home Delivered Meals program, aka Meals on Wheels, provides meals to eligible homebound seniors age 60+ who are unable to participate at Senior Center meal sites. Food for the week is delivered once a week. For more information, call 775-328-2575.

Commodity Supplemental Food Program:

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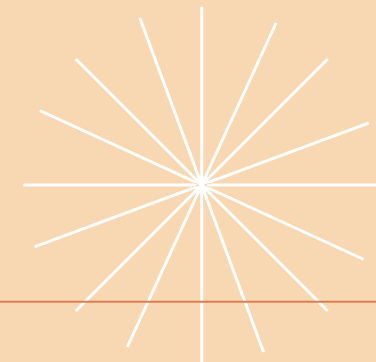
Home Delivery is also offered if seniors are unable to attend a tradition CSFP distribution due to immobility issues or lack of transportation.

Sites

- Sun Valley FRC: 115 W. 6th St., Sun Valley, NV 89433, Third Wednesdays, 9-10:15 am

Senior Pet Food Distribution

Washoe County Regional Animal Services has partnered with the Nevada Humane Society to deliver free pet food to seniors for their pets at Senior Services, 1155 E. 9th St, Reno, NV 89512. Distribution is the third Tuesday of every month from 8:00 am until 10:00 am or while supplies last. Seniors are 60+ and must have a local ID.



PARKS

Gepford Park:

305 E. Gepford Parkway
Sun Valley, 89433

<https://www.svgid.com/parks/gepford-park/>

<https://www.tmparksfoundation.org/parks/gepford-park>

Basketball courts, play structures, picnic areas, and athletic fields.

Sun Mesa Park:

570 Sun Mesa Drive
Sun Valley, 89433

<https://www.svgid.com/parks/sun-mesa-park/>

Playground, covered picnic area, and turf area.

Sun Valley Community Park:

115 W. 6th Avenue
Sun Valley, NV 89433

<https://www.svgid.com/parks/sun-valley-community-park/>

<https://www.tmparksfoundation.org/parks/sun-valley-community-park>

Picnic and barbecue areas, playground, baseball field, inline skate rink, skate park, soccer field, BMX track, basketball court, volleyball court, pool, and tables/benches.



Sun Valley Regional Park:

5905 Sidehill Drive
Sun Valley, NV 89433

https://www.washoecounty.gov/parks/parks_and_trails/park_directory/pah_rah_district/sun_valley_regional_park.php

<https://www.tmparksfoundation.org/parks/sun-valley-regional-park>

Disc golf course, hiking trails, mountain biking trails, snowshoeing, horse riding trails, picnic areas,

*Healthy Living in
Sun Valley, NV*



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AGENCY**



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OF NORTHERN NEVADA